



# 佛光山中美寺三好兒童班

## Three Acts of Goodness Children Dharma Class

### 一、課程宗旨

本班別是以星雲大師所提倡之[三好]，做好事、說好話、存好心與[四給]，給人信心、給人歡喜、給人希望、給人方便為理念。培養兒童有正確的觀念，養成良好的性格、建立道德思想、人格健全的成長。

### 二、課程內容

課程內容依據佛光山「三好生命教育」為綱要，搭配富含文化與教育意義的課程規劃，包括：說故事、摺紙、太極、園藝、兒童禪修、看電影、舞蹈、唱歌、茶禪、一日小義工、書法抄經、基礎佛學、科學實驗、認識中文…等內容，期待學中做、做中學，建立學員良善的品格與正向的人生態度。

### 三、課程方式

本兒童佛學課程以英文授課，搭配紙本與影音媒體教材。用循環式教學方式進行，鼓勵兒童從入門課程開始，持續進入整合與實作課程，上課學員須遵守課程守則，鼓勵兒童守時守責、以養成堅持的態度，請家長配合。

### 四、課程資訊

1. 上課地點：佛光山中美寺
2. 上課時間：10:20 am – 12:30 pm，共 12 堂課。
3. 開課日期：2018/01/07 第一堂課。
4. 參加對象：3-5 歲幼童（A 班） 6-11 歲學童（B 班）
5. 報名費用：

### 五、聯絡資訊

1. 中美寺地址：12550 Jebbia Lane, Stafford, TX 77477
2. 中美寺電話：(281)495-3100
3. 電子郵件：[info@houstonbuddhism.org](mailto:info@houstonbuddhism.org)
4. 報名網址：<https://goo.gl/forms/JiAfiAvyXOFJP0er2>

備註：我們需要義工愛心爸爸媽媽。



# 佛光山中美寺三好兒童班

## Three Acts of Goodness Children Dharma Class

### Program Introduction

The Buddha's Children Program seeks to have children to cultivate their right views, right observations, right beliefs, and right thoughts. We follow the principles of the Triple Gem of Buddhism (the Buddha, the Dharma, and the Sangha), as well as Humanistic Buddhism principles, to design the curriculum. Students develop their understanding of the Three Acts of Goodness (Do Good Things, Speak Good Words, and Think Good Thought) and the Four Acts of Giving (Give People Confidence, Give People Joy, Give People Hope and Give People Comfort and Hospitality) using our curriculum. We offer students a platform to learn and practice what we teach in the program. We are looking forward to seeing the awakening of their Buddha nature.

### Curriculum

We teach "The Education Curriculum Guidelines of Three Acts of Goodness" developed by Fo Guang Shan. We deliver the message of the Three Acts of Goodness and the Four Acts of Giving by multiple cultural class involving storytelling, Tai-Chi, meditation, tea meditation, origami, gardening, fundamental Buddhism, calligraphy, Chinese culture introduction, science experiment, dancing, singing and playing music. We are looking forward to seeing them practice what they have learned from the program in their daily life.

We use English as main language and use media materials as well. While we encourage students to attend our classroom sessions in the scheduled order, we use recurrent teaching methods, such that if students start participating any particular sessions, they can still catch up the remainder of the program without any pressure.

### Program Details

Location: Chung Mei Temple

Time: 10:20 am – 12:30 pm

Date: 01/07/2018 There will be 12 classroom sessions

Participants: 3-5 years old and 6-12 years old

Tuition Fee:

### Contact Information

Address: 12550 Jebbia Lane, Stafford, TX 77477

Telephone: (281)495-3100

E-mail: [info@houstonbuddhism.org](mailto:info@houstonbuddhism.org)

Application Form Link: <https://goo.gl/forms/JiAfiAvyXOFJP0er2>